

	<div><div>MEAT FREE</div>MONDAY</div>	TUESDAY	WEDNESDAY	<div>SUGAR WISE</div> THURSDAY	FRIDAY
<div>WEEK 1</div> <div>8th March 19th April 17th May 21st June 19th July 13th Sept 11th Oct</div>	Quorn Bolognese Twists <sup>1,9 Vg</sup> Sweet Potato & Chick Pea Curry & Rice <sup>Vg</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Green Beans Sliced Carrots Chocolate Mousse <sup>7</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots	Sweet & Sour Chicken Cheese & Tomato Wrap Stack <sup>1,7 V</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Rice Seasonal Vegetables Toffee Apple Pudding & Custard <sup>1,9</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots	Roast Gammon & Gravy Vegan Sausage Roll <sup>1 Vg</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Rustic Roast Potatoes Diced Carrots, Cabbage Strawberry Cheesecake <sup>1,3,7,9,15</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots, Yoghurt <sup>7</sup>	Cottage Pie Tomato Pasta Bake <sup>1,7 V</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Sweetcorn Broccoli Fruit Loaf <sup>1,3,7,9</sup> Fruit Pots Yoghurt <sup>7</sup>	Fish Fingers <sup>1,8</sup> Baked Bean Burger in a Bun <sup>1,5 Vg</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Chips, Baked Beans Peas, Coleslaw <sup>9</sup> Banana Bar <sup>1,15</sup> Fruit Pots Yoghurt <sup>7</sup>
<div>WEEK 2</div> <div>15th March 26th April 24th May 28th June 20th Sept 18th Oct</div>	Margherita Pizza <sup>1,3,7,9 V</sup> Chick Pea Biryani <sup>Vg</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Jacket Wedges, Sweetcorn Peppers Peach Crumble <sup>1</sup> & Custard <sup>7</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots	Barbeque Pork Tomato Bows <sup>1 Vg</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Rice, Cauliflower Peas Ice Cream <sup>7</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots	Roast Turkey & Gravy Caribbean Pastie <sup>1 Vg</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Mashed Potatoes, Broccoli Diced Carrots Chocolate Brownie <sup>1,9</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots, Yoghurt <sup>7</sup>	Penne Bolognese <sup>1</sup> Cauliflower & Potato Cheese <sup>1,7 V</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Seasonal Vegetables Orange, Apple & Watermelon Pots Yoghurt <sup>7</sup>	Chicken Bites <sup>1,7</sup> Cheese & Spinach Pinwheel <sup>1,7 V</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Chips, Baked Beans Peas, Carrot Sticks Caramel Cookie <sup>1,7</sup> Fruit Pots Yoghurt <sup>7</sup>
<div>WEEK 3</div> <div>22nd March 3rd May 7th June 5th July 30th Aug 27th Sept</div>	Shepherdess Pie <sup>9 V</sup> Vegetable Nuggets <sup>1 Vg</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Baked Wedges, Sweetcorn Peppers Sultana Cake <sup>1,9</sup> & Custard <sup>7</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots	Chicken Pie <sup>1</sup> Cheesy Fusilli <sup>1,7 V</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> New Potatoes Seasonal Vegetables Mandarins & Ice Cream <sup>7</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots	Roast Pork & Gravy Roast Pepper Tart <sup>1,7,9 V</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Rustic Roast Potatoes Broccoli, Diced Carrots Fruit Jelly Mr Nourish Biscuit <sup>1</sup> Fruit Pots, Yoghurt <sup>7</sup>	Beef & Potato Curry Tomato & Herb Twists <sup>1 Vg</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Rice, Sliced Carrots Green Beans Chocolate & Banana Whirl Bun <sup>1,3,7,9</sup> Fruit Pots Yoghurt <sup>7</sup>	Fish Fingers <sup>1,8</sup> Bruschetta <sup>1,3,7 V</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Chips, Baked Beans Peas, Grated Carrot Crispy Cake <sup>7,16</sup> Fruit Pots Yoghurt <sup>7</sup>
<div>WEEK 4</div> <div>29th March 10th May 14th June 12th July 6th Sept 4th Oct</div>	Macaroni Cheese <sup>1,7 V</sup> Rice & Bean Burrito <sup>1 Vg</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Baked Wedges, Green Beans Sliced Carrots Chocolate Sponge <sup>1,9</sup> & Chocolate Sauce <sup>7</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots	Sausages with Gravy <sup>1,6</sup> Quorn Sausage <sup>1,7,9,16 V</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Mashed Potato, Cabbage Baked Beans Yoghurt & Granola <sup>6,7,15</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots	Roast Chicken & Gravy BBQ Pulled Jackfruit in a Bun <sup>1,5 Vg</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Rustic Roast Potatoes Seasonal Vegetables Lemon Drizzle Cake <sup>1,9</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots, Yoghurt <sup>7</sup>	Mild Mexican Mince <sup>4</sup> Cheese & Broccoli Twists <sup>1,7 V</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Rice Cauliflower Carrots Honeydew Melon, Apple & Orange Pots Yoghurt <sup>7</sup>	Salmon Fish Cake <sup>1,8</sup> Margherita Pizza <sup>1,3,7,9 V</sup> Jacket Potatoes with a Choice of Toppings <sup>7,8,9</sup> Chips, Baked Beans Peas, Coleslaw <sup>9</sup> Fruity Flapjack <sup>1,15</sup> Fruit Pots Yoghurt <sup>7</sup>